

# The Lamb Pain Clinic

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[www.spinalsolutions.ca](http://www.spinalsolutions.ca)

[www.drlamb.com](http://www.drlamb.com)

[www.stretch-doctor.com](http://www.stretch-doctor.com)

## Downloadable Referral Form

Date:

### Doctor's Section

Patient Name: \_\_\_\_\_

Referring Doctor: \_\_\_\_\_

Family Doctor: \_\_\_\_\_

Patient Address: \_\_\_\_\_

Patient Health Insurance: \_\_\_\_\_

Reason For referral: \_\_\_\_\_

Present Pain diagnosis: \_\_\_\_\_

### Pain Problems

Please check all that apply:

Disk Herniations  Spinal Stenosis  Low Back Pain  Sciatica

Neck Pain  Rotator Cuff  Calcific Tendonitis  Carpal Tunnel

Tennis Elbow  Golfers Elbow  Ulnar Neuritis  Fibromyalgia

Migraine Headache  TMJ  Repetitive Strain injury (RSI)

Plantar Fasciitis  Achilles tendonitis  Metatarsalgia  Leg ulcers

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## Patient Section

### Pain Scale

Please rate your pain from 0 to 10 with 0 being none and 10 most severe

Head \_\_\_\_\_ Neck \_\_\_\_\_ Chest \_\_\_\_\_ Abdomen \_\_\_\_\_

Arms \_\_\_\_\_ Legs \_\_\_\_\_ Upper back \_\_\_\_\_ Lower Back \_\_\_\_\_

Past Medical Problems: \_\_\_\_\_

\_\_\_\_\_

Past Operations: \_\_\_\_\_

\_\_\_\_\_

### Investigations:

Abnormal Blood Tests: \_\_\_\_\_

Abnormal X-rays: \_\_\_\_\_

Bone Scans: \_\_\_\_\_

CT/MRI: \_\_\_\_\_

Consultations: \_\_\_\_\_

EMG/Nerve conduction: \_\_\_\_\_

Other: \_\_\_\_\_

## The Lamb Pain Clinic

Past Treatments/benefits of Treatment:

Current Medications \_\_\_\_\_

Past medications: \_\_\_\_\_

Supplements: \_\_\_\_\_

Physical Therapies: \_\_\_\_\_

Injections: \_\_\_\_\_

Procedures: \_\_\_\_\_

Psychotherapy: \_\_\_\_\_

Other: \_\_\_\_\_

## **The Lamb Pain Clinic Treatments**

**Consultation**

**Medication Adjustment**

**The Lamb Program Rehabilitation Series (50 DVD's) for Sports and Pain-go to stretch-doctor.com with specific advice for your pain problem/rehabilitation**

**Injections:**

- **Surgical Dry needling for Advanced musculoskeletal rehabilitation**
- **Cortisone**
- **Surface Botox for facial or limb application**
- **Patented Lamb Spinal Botox for disk herniations, spinal stenosis, spinal pain, failed spinal surgery**

**Lasermag Therapy for pain, wound healing, leg ulcers**

**Shockwave for plantar fasciitis, tennis elbow, trigger point therapy, spinal therapy**

**Electrical Therapy: Micro therapy devices and training for pain, rehabilitation, depression, panic**

**Fee Schedule: Consultations for uninsured services are billed to the patient directly, and is dependent upon specific condition/time involved.**

**Treatment costs will vary depending upon specific treatment and condition.**

**Dr. Lamb does not provide Independent medical Exam for legal or disability costing purposes**